

Mitchell EMC



The news
you need to
know in
5 minutes!

CAMILLA, GEORGIA
www.mitchellemc.com

Mitchell Electric Membership Corporation

81st Annual Meeting *April 20, 2018*

Mitchell EMC Auditorium • 475 Cairo Road, Camilla, GA 31730

Registration 12:30 - 2:00 p.m.

Information Booths 12:30 - 2:00 p.m.

Entertainment 1:00 - 2:00 p.m.

Business Meeting 2:00 p.m.



**FREE GIFTS to the
first 500 consumers
to register**



Energy efficiency for the modern family AND ITS MANY DEVICES

By Anne Prince

If you are struck by the amount of screens, remotes, gaming controls, charging stations and cords that have become fixtures in your home, you are not alone. The typical American family is well connected and owns a variety of electronic devices. According to the PEW Research Institute, 95 percent of U.S. families have a cell phone and 77 percent of Americans own a smart phone. Nearly 80 percent of adults own a laptop or desktop computer, while approximately half own tablets.

Consumer electronics coupled with the growing array of smart home appliances and technology have slowly but steadily changed our homes and lifestyles. The increased reliance on our many devices has new implications for home energy use and efficiency.

Using smart technology to manage energy savings

So how can we save energy when we are using more electronic devices than ever before? The answer may lie with some of those same electronic devices that have become indispensable to modern living. In many cases, energy savings is a touchscreen away as more apps enable you to monitor energy use.

From the convenience of your mobile device, smart technologies can maximize your ability to manage electricity use across several platforms—controlling your thermostat, appliances, water heater, home electronics and other devices. One of the easiest ways to make an impact on energy efficiency is with a smart thermostat, like Nest models. Using your mobile device, you can view and edit your thermostat schedule and monitor how much energy is used and make adjustments accordingly. For example, program your thermostat for weekday and weekend schedules so you are not wasting energy when no one is home. Check and adjust the program periodically to keep pace with changes in household routines.

You can also ensure efficiency by purchasing ENERGY STAR-certified appliances. Many new appliances include smart-technology features such as refrigerators that can tell you when maintenance is required or when a door has been left open. New washers, dryers and dishwashers allow you to program when you want the load to start. This means you can program your task for off-peak energy hours—a smart choice if your electric rate is based on time of use.

Energy Efficiency Tip of the Month

Consider insulating your hot water pipes. Doing so can reduce heat loss, allow you to lower the temperature setting and save an additional 3 to 4 percent per year on water heating.

Source: energy.gov



“Old school” energy savings for new devices

Of course there are the time-tested “old school” methods of energy efficiency that can be applied to the myriad of household electronic devices and screens. Computers, printers, phones and gaming consoles are notorious “vampire power” users, meaning they drain energy (and money) when not in use. If items can be turned off without disrupting your lifestyle, consider plugging them into a power strip that can be turned on and off or placed on a timer.

While modern life involves greater dependence on technology, your best resource for saving energy and money remains your local electric co-op.

Regardless of your level of technical expertise with electronic devices, Mitchell EMC can provide guidance on energy savings based on your account information, energy use, local weather patterns and additional factors unique to your community.

DO NOT TAMPER WITH YOUR ELECTRIC METER

Meter tampering can result in electric shock, is illegal and increases electricity rates for other co-op members.



- ⊘ Never break a meter seal.
- ⊘ Never open a meter base.
- ⊘ Never remove a meter or alter an entrance cable in any manner.

If you know or suspect that someone has tampered with their meter, please contact us immediately.

Coat Cover Up Was a Success!



Mitchell EMC would like to thank Westwood Schools for helping us with the Coat Cover-up Drive. They donated many good used children's coats for needy kids in the area.

Mitchell EMC Scholarship Opportunities Available

Mitchell EMC is proud to offer two (2) scholarship opportunities for the youth of our area. We are currently accepting applications for the Walter Harrison Scholarship and our Operation Round Up Scholarships. Application forms and criteria can be found on our web site, www.mitchellemc.com.

Walter Harrison Scholarships:

- Mr. Walter Harrison was a pioneer in the electric industry in Georgia, and this scholarship is named in his honor and memory.
- It is a statewide \$1,000 scholarship.
- Scholarships are awarded based on academic achievement and financial need.
- Application deadline is **February 1, 2018**.



Operation Round Up Scholarships:

- Funds for these scholarships are provided by consumer participation in the Operation Round Up program at Mitchell EMC.
- A maximum of fifteen (15) \$1,000 scholarships will be awarded to high school seniors and/or college/technical school students.
- Scholarships are awarded based on "*All Around Student Performance*" including academic performance, volunteerism, and participation in school, church and community activities. Financial need is also considered.
- Application deadline is **March 1, 2018**.

Please note that the scholarships have different deadlines and should be mailed to different addresses listed on the scholarship form. Please do not turn in to Mitchell EMC. We encourage students to apply for both scholarships. Applications will be judged by an independent scholarship committee, and winners will be notified by May 1.

Keep Food Safe

Before, During and After a Power Outage

Unfortunately, power outages do occur from time to time. It's important to know how to keep your food safe during an outage. Use these tips from USDA to help minimize food loss and reduce your risk of illness.

Before power outage



Keep refrigerator at **40° or below**. Freeze items like fresh meat and poultry that you won't use immediately. Keep freezer set to **0° or below**. Group frozen foods to help items stay colder longer.



If you anticipate an extended power outage, buy dry or block ice to keep the fridge and/or freezer cold.

During power outage

Keep the refrigerator and freezer doors closed!

If the doors stay closed during the length of the outage:



A full freezer will hold its temperature for **48 hours**.



A refrigerator will keep food safe for **four hours**.

After power outage

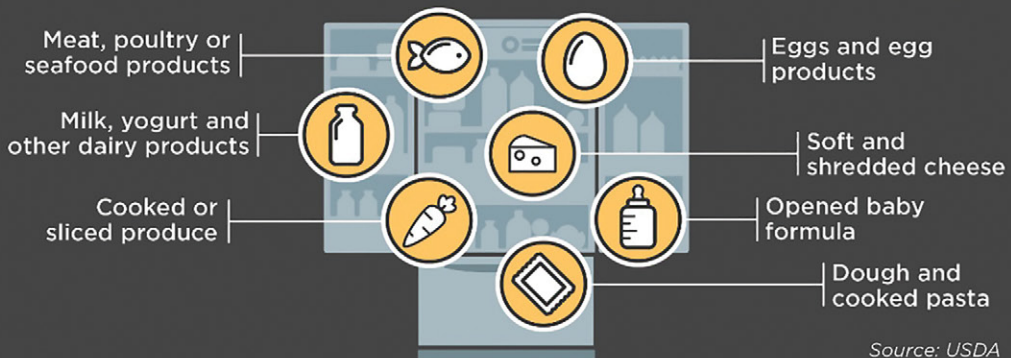


Check the temperature inside your refrigerator and/or freezer.



If the temperatures are safe, the food should be safe to eat.

Foods that should be thrown out after an extended power outage:



Source: USDA

Note: If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/DV/D

WATT'S COOKING



Sweetheart Salad

Ingredients:

- 1 large box strawberry Jell-O
- 2 cups hot water
- 1 can sweetened condensed milk
- 1 large can crushed pineapple
- 1 12-oz. cottage cheese
- 1 cup chopped pecans

Dissolve gelatin in hot water. Add sweetened condensed milk and stir well. Add pineapple with its juice and cottage cheese. Add nuts if desired and stir well. Pour into a mold and refrigerate until firm.

Thanks!

to

Bertha Simmons, Mitchell County,
GA, for sharing this recipe.

Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

\$25 credit

on your next Mitchell EMC bill.

Send recipes to

Heather Greene, P.O. Box 409, Camilla,
GA 31730 or email to
heather.greene@mitchellemc.com.